

# VALUE-BASED HEALTHCARE CONFERENCE 2024

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## Improving the Patient Journey for Lung Function Tests using Artificial Intelligence

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#### Introduction

Lung function tests are critical diagnostic tools used to assess respiratory health and detect conditions such as asthma, chronic obstructive pulmonary disease (COPD), and other pulmonary disorders. Traditionally, the process of scheduling, preparing for, and following up on lung function tests can be complex and time-consuming, often leading to patient anxiety and delays in care. Artificial Intelligence (AI) offers innovative solutions to streamline this journey. Al-powered chatbots are revolutionizing patient interactions by providing timely, personalized assistance throughout the testing process. From initial scheduling to post-test follow-up, these intelligent systems can enhance patient engagement, reduce administrative burdens, and improve overall satisfaction. By integrating AI into the patient journey for lung function tests, healthcare providers can ensure a smoother, more efficient, and patient-centered experience.

#### Methodology

We participated in a one-day workshop organized by Synapxe and Amazon Web Services (AWS) as part of the GenAlus Challenge. The chatbot was designed using AWS architecture, leveraging services such as AWS Lambda for serverless computing, Amazon Lex for natural language understanding, and Amazon DynamoDB for scalable data storage. The development process involved iterative prototyping and user feedback to ensure the chatbot meets the needs of patients and healthcare providers. Chatbot can be assessed via QR Code (Figure 1) and an example is shown in Figure 2.

### Purposed use of the chatbot

The AI-powered chatbot will significantly improved the efficiency and user experience of the lung function test process. Key features include:

- 1. Automated Scheduling and Reminders: Reducing no-show rates.
- 2. Real-time, Personalized Patient Support: Alleviating anxiety and improving preparation for tests.
- 3. Streamlined Post-test Follow-up: Ensuring timely communication of results and recommendations.

Detailed Functionality: The chatbot assists patients through the entire process by:

- 1. Providing step-by-step instructions for test preparation.
- 2. Sending reminders for scheduled tests.
- 3. Answering frequently asked questions and addressing patient concerns in real-time.
- 4. Following up post-test to communicate results and recommendations promptly.

#### **Next Step**

We are currently seeking funding to enhance the proof of concept and conduct extensive testing with patients to validate its usability and effectiveness. The business model could involve a subscription-based service for providers or an in-house solution maintained by healthcare facilities. Additionally, we aim to standardize patient education materials across Singapore in multiple languages, improving patient outcomes and ensuring consistent, high-quality care.



Vou

Do I need to fast before going for spirometry?

AI

\*\*Response:\*\*

It is generally recommended to avoid eating a heavy meal or consuming caffeine at least 4 hours before undergoing spirometry. Fasting is not always necessary, but it is best to follow the specific instructions provided by your healthcare provider or the facility where you will be having the spirometry test done. If you have any concerns or questions about preparing for the test, it is always

Figure 1: Access to Chatbot

Figure 2: Example of Q & A



